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SAFER INTERNET DAY 2015   
*Secondary Lesson Plan*



Co-funded by the European Union

**Target Audience**

Key Stage 3 & 4

**Lesson Aim**

To encourage pupils to think of what it means to be a good friend online and to inspire them to think of practical things or good digital deeds that they can do to support others online and to help make a better online community.

Firstly, pupils will work together to identify the risks and benefits of the internet. They then will think of what it takes to be a good friend online and think of practical things that they could do to help others online. They will then be shown a short trailer to a documentary as well as a short video highlighting positive things that they could do online to make the internet a better place for their friends and for others.

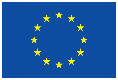
Finally, they will think of ideas to launch a campaign in the school to encourage others to do good digital deeds for friends and others so as to ‘create a better internet together’.

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| **Timing:**  50-60 minutes although beginning and running an **It’s up 2 us!** campaign could take longer. | **Organisation:** Groups of 3-4. |
| **Preparation:**  Print out hand-outs, set up projection and sound for short videos, arrange classroom to allow for group work. | **Resources:** Hand-outs,whiteboard, markers, pens and paper (if you do the poster campaign) |

**Lesson outline**

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|  | **Description:** |
| **Starter in pairs (8 mins)** | **What are the risks and benefits of going online?** Brainstorm the great opportunities you get by going online and the problems the use of the internet can raise. |
| **Activity (10 mins)** | **What makes a good friend online?** In groups of 4, pupils discuss the qualities it takes to be a good friend online. They also identify the actions they can take to show how good an online friend they are and also how they might support someone online. Feedback to group. |
| **Activity (10 mins)** | **Cyber Seniors Documentary/It’s up 2 us video!**  Watch the two short clips as a class and brainstorm different ways to create a better online community for your friends and for others. |
| **Activity (30 mins)** | **It’s up 2 us! Campaign ideas:** In groups of 4, think of campaign ideas to encourage others in the school or in the wider community to do good digital deedsto create a better online community. |
| **Plenary** | **It’s up 2 us! Pledge time:** What will you do today to create a better internet? What good digital deed will you do? How will you help your friends or the wider community online? |

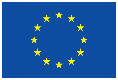
**Useful links**Drama Activity: <http://www.childnet.com/resources/laugh-at-it-youre-part-of-it>  
Apps about cyberbullying: <http://www.irishtimes.com/news/technology/young-coder-goes-far-after-coolest-win-1.1951678>  
Platform to showcase school’s response to cyberbullying: <http://www.watchyourspace.ie/>UK Safer Internet Centre: [www.saferinternet.org.uk](http://www.saferinternet.org.uk) Childnet International: [www.childnet.com](http://www.childnet.com)  
Cyber Seniors Documentary: <http://cyberseniorsdocumentary.com>

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| **Starter**  **What are the benefits of the internet? What are the risks?**  Get your class to think about how they benefit from the internet as well as the risks and issues the use of the internet can bring up. You can either do this as a class, while making notes on the board and you can facilitate the discussion using the prompt questions below. Or you could ask pupils to work in pairs to answer the questions together.  Prompt questions to help with discussion:   * *How has the internet changed your life for the better?* * *Imagine there was no internet, what could you not do?* * *How has the internet changed the world for the better?* * *What is the best thing about the internet?* * *What are the biggest risks of being online?* * *What is the worst thing about the internet?* * *Do you feel safe online?* * *What could you do to combat the risks of the internet?* * *Whose responsibility is it that you remain safe online?*   Give the class/groups/pairs opportunity to feed back their thoughts and views. The idea is to get pupils thinking of the issues that exist so that pupils can be inspired to think of good digital deeds to make the online community a better place.  **Optional extra:**  Finish the starter by asking pupils if they know of any apps or organisations that are already working to create a better internet. | **Activity**  **What makes a good friend online?**  Before breaking pupils into groups of 4, as a class, brainstorm the qualities a good friend has on the board.  Explain that they will receive a hand-out (**Appendix 1**) where they need to think about the qualities of a good friend online. Do the qualities differ at all from being a normal good friend? Importantly, they will brainstorm actions they could do to show how good an online friend they are and also how they might support a friend or others online. Encourage them to reflect on the issues some people have online, how could being a good friend online help these people? The hand-out is split into 3 parts.  **Head and Torso:** Qualities it takes to be a good friend online  E.g. – Patience (*to explain reporting procedures)*   * Tolerance (*to be tolerant of other people’s opinions*) * Respect (*to show respect to others online*) * Common sense (*to convince a friend not to meet up with strangers)* * Sensitivity/tact (*to explain why privacy settings are needed)* * Loyal (*to refuse to circulate an incriminating pic*) * Brave (*to stand up to trolls*)   **Feet**: Support they can direct friends to for help  E.g. – <http://www.childline.org.uk>   * Teachers / school pastoral team * <http://www.youngminds.org.uk> (depression) * <http://www.b-eat.co.uk/> (eating disorders) * <http://www.bullying.co.uk/cyberbullying/> * [www.childnet.com](http://www.childnet.com) / [www.saferinternet.org.uk](http://www.saferinternet.org.uk) * Safety features on social networking sites   **Hands:** Actions they will do to be a good friend online or to help the online community  E.g. – stand up to bullies online   * Write nice messages/comments on people’s pages * Show a friend how to install privacy settings * Create an e-card for people’s birthdays * Don’t send on pictures of people you think they are embarrassed by |

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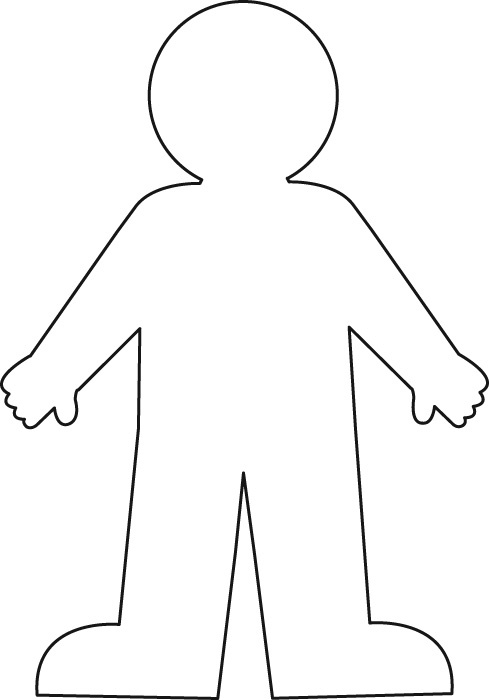
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| **Activity**  In order to create a better online community, you need to be a good friend online but you may need to help others as well. As a class, watch this trailer to the Cyber Senior’s documentary and brainstorm other ways in which people can do practical good digital deeds on the internet to ‘create a better internet together’. Think back to the risks that being online can bring and see if you could remedy them.  **Cyber Seniors trailer** (2m40s)  <http://cyberseniorsdocumentary.com>  Examples could include:   * Write kind messages on people’s facebook wall * Be an upstander, not a bystander: stand up for people when YouTube comments are mean * Start up a helpful blog to explain how to use privacy settings * Become a digital leader in your school to mentor younger students on e-safety * Talk to your parents/grandparents and show them your online world * Make sure you remind friends about privacy settings   **or/and**  **It’s up 2 us video** (2-3 minutes)  (Available from Safer Internet Day centre from January onwards)  This short video is clips of other young people all over the UK talking about what good digital deeds they will do online for their friends and for others to create a better internet. | **Activity**  **It’s up 2 us! Campaign ideas**  In groups of 4, think of 3 ways to encourage others in school or in the wider community to do good digital deeds for others to create a better online community. Encourage the groups to think big!  Ideas could include:   * Create a weekly column on the school blog about the good digital deeds people are doing (similar to the Metro good news feed) * Create a poster campaign around the school to remind people to be kind online * Create an anti-bullying app so that people are aware of what to do if they have a problem, example: <http://www.irishtimes.com/news/technology/young-coder-goes-far-after-coolest-win-1.1951678> * As part of the drama club, develop a drama about how to stand up to peer pressure and bullies online or use the Childnet resources (<http://www.childnet.com/resources/laugh-at-it-youre-part-of-it>) * Create a platform to show what your school is doing and share with other schools to combat cyberbullying like this one: <http://www.watchyourspace.ie/> * Create a mini-business selling anti-cyberbullying bracelets * Tweet from your school account to your community to let them know what your class is doing to share the message about doing good digital deeds online or tweet **@UK\_SIC** with hashtags **#SID2015** or **#up2us** and we will endeavour to retweet it to the wider community (*If you are tweeting photos or identifying information about pupils, please ensure you are familiar with your school’s media consent policies*)   Get feedback from each group and decide as a class which one you will do? Which campaign would be the most effective? What will make people change their behaviour and actually do good digital deeds online?  **Extension activity:**  Think of catchy slogans together and start a poster campaign in class to remind people in school to do good digital deeds |
| We would love to hear what you’ve done in your school for Safer Internet Day 2015. Please email any photos or creations from the day to **enquiries@saferinternet.org.uk**. | **Plenary**  **It’s up 2 us! Pledge** Hand each pupil a pledge card (**Appendix 2**) and everyone must write one pledge that they promise they will do before the end of the day to be a good friend online so as to make the online community better. |



What makes a good friend online?

Support

Actions

Actions

Qualities

Secondary Lesson   
*Appendix 1*



Let’s create a better internet together

To help make the internet a better place, I promise I will

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To help make the internet a better place, I promise I will

Let’s create a better internet together

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*Appendix 2*